



Unifying Dubai's Healthcare

My Personal Health Data Preferences



You're in control of your health record

Health care is personal. So is health care information.

Your personal health information (PHI) is stored in electronic medical records. Yet, care happens across many doctors and healthcare organizations sometimes making it difficult for your care team to have the most recent, relevant and reliable information about your unique health situation. That means that your information may not be available when and where you need it for care and treatment. That is until now – because the Dubai Health Authority is doing something that improves the availability of health information and connects your health data into one record.

NABIDH – The National Backbone for Integrated Dubai Health – connects your health information by unifying the digital records making the information available to you and your care team. NABIDH makes sharing health care information easy, affordable and seamless. This means that NABIDH reduces the administrative burden on you and your physicians while ensuring your health data is available and accessible. And, when privacy matters the most in healthcare – the NABIDH unified care record delivers a safe, secure and confidential solution to health information management.

What medical information will be shared?

Patient demographics, Allergies, Medical conditions, Lab results, Clinical documents, Radiology reports, Encounters, Immunizations, Medications and Insurance information.

How secure is my information?

NABIDH has regulatory compliant security measures to protect all your personal and health information. All participating facilities and professionals will comply with all the applicable UAE laws and DHA regulations. Due to the strong privacy, protection and security rules that are in place, your health record will be accessible by authorised users only.

How is my data protected?

NABIDH has regulatory compliant security measures to protect all your personal and health information. Patient privacy and security of the health record are of utmost priority to DHA. Patient health data is considered as Protected Health Information and NABIDH has all data security controls in place to ensure that the use of data is limited to the purpose defined in the NABIDH guidelines.

Who will have access to my information?

Only authorised healthcare professionals who are providing care to you will be able to access your unified health record.

About NABIDH Consent Policy:

If you are a citizen or a resident of Dubai or a tourist, your health record is automatically available on NABIDH. All you need to do is to log in to the NABIDH Patient Portal and access your health record which will contain your complete medical history through the healthcare facilities connected to NABIDH.

How do I opt-out of NABIDH?

- You can choose not to participate by filling out the opt-out consent form
- Note: participation is voluntary and will not affect your ability to receive medical care from the concerned facility

What happens when I opt-out of NABIDH?

If you choose not to participate (to opt-out):

- NABIDH will block access to your health information EVEN for emergency treatment. This means that it may take longer for your healthcare providers to get the medical information that they may need for your effective treatment.
- However, the law of Emirate of Dubai reporting requirements will continue to be fulfilled through Public Health Registries and research. This means your health information will be used anonymously even if you do not wish to retain your health data on NABIDH.
- Note: It is recommended that you ensure your healthcare provider is aware of all your conditions and medications even if you choose to opt-out of NABIDH.

If you opt-out and later decide to reverse this decision, you have to visit <https://nabidh.ae/> to fill another registration form to cancel the opt-out. Your health information from the period

during which you had opted-out **will** be available on NABIDH after you decide to re-register again.

What happens to my data in NABIDH when I opt-out?

- NABIDH will receive your data anonymously from healthcare facilities
- Your clinical data shall be stored anonymously
- In case of an emergency, a clinician will not be allowed to retrieve your record under any circumstances (i.e. the clinician will not be allowed to force access by “breaking the glass”).

Retention period of my data:

As per UAE law on the Use of Information and Communications Technology (ICT) in Healthcare, the storage and conservation of health data shall be for at least 25 years from the date of the last health procedure of the person concerned with such data and health information.

Contact Us

Still have questions?

For more information on NABIDH, please reach out through the following channels:



800 DHA (800 342)



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<https://nabidh.ae>

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